



2020 SCSM VR COMPETITION RULES

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Article 1. Introduction to SCSM VR Competition Rules

Section 1.01 Purpose

To provide a consistent set of rules for the SCSM VR Outdoor Competition Race and ensure a fair and consistent race for all participants.

Section 1.02 Intention

SCSM VR Competition Rules are intended to:

- a) Facilitate fair play, equality, and sportsmanship;
- b) Support ingenuity and skill without unduly limiting athletes; and
- c) Penalise athletes who gain, or seek to gain an unfair advantage.

Section 1.03 Race Personnel Definitions

- a) 'Race Director' is the person appointed by IRONMAN to be in charge of the event; and
- b) 'SCSM VR Head Referee' is the person appointed by IRONMAN to oversee rule enforcement for the race.

Section 1.04 Intellectual Property

SCSM VR- The Events are the exclusive property of World Triathlon Corporation ("WTC") and WTC's subsidiaries (collectively, "IRONMAN"). IRONMAN owns all rights associated with the Events including, without limitation, the rights to organize, exploit (commercially or non-commercially), broadcast, and reproduce the Events. IRONMAN's rights include, but are not limited to, any type of digital media, whether photographic, audio, or video in nature, captured in connection with any Event or venue (including, without limitation, the Race course) and regardless of ownership of the capturing device. All personal data provided by athletes or spectators for each Event and the data produced from the Event (including, without limitation, the Race results) are the exclusive property of IRONMAN.

Section 1.05 Competition Age

All Age Group athletes must participate and compete in the age-group division corresponding to the athlete's age as of December 31 of the year of the event. The minimum age to participate is 14 years of age on Race Day.

Article 2. Conduct of Athletes

Section 2.01 General Behaviour

Each Athlete must:

- a) Practice good sportsmanship at all times;
- b) Be responsible for his/her own safety and the safety of others;
- c) Know, understand, and follow all SCSM VR Competition Rules, as stated herein, and on the event specific website;
- d) Avoid the use of abusive language;
- e) Make all race timing data available to IRONMAN upon completion of the race. The failure to make such race timing data public or available to IRONMAN upon request could result in disqualification;
- f) Not stop their race timer during any time away from the course including but not limited to stopping to eat, drink, use the bathroom or rest;
- g) Allow IRONMAN to broadcast the athlete data from the Athlete's public racing profile and/or any data provided to IRONMAN; and
- h) Provide accurate data which has not been manipulated in any way for the purposes of gaining an unfair advantage or otherwise.

Section 2.02 Assistance

- a) Athletes competing in the same Race may assist each other during the Event with incidental items such as, but not restricted to nutrition and drinks;
- b) Athletes can receive hydration and nutrition from outside sources during the Event; and
- c) No person or athlete shall intentionally cause the physical forward progress of another athlete during any part of the Race. The penalty for this will be disqualification.

Section 2.03 Eligibility

- a) Athletes must complete the online registration process;
- b) Athletes under suspension by IRONMAN are not allowed to compete in any Event;
- c) An athlete who competes in a category different from his/her age will be disqualified from the Event(s) in which he/she participated in. Any awards, prizes, and/or points will be revoked;
- d) Any athlete that commits fraud by entering any Event under an assumed name or age, falsifying an affidavit, or giving false information will be disqualified and risk suspension or expulsion from other Events; and
- e) Any athlete who has completed or plans to initiate a gender transition, or identifies as gender non-conforming, including those in the process of taking hormones (collectively

hereinafter referred to as “Transgender Athletes”) must comply with IRONMAN’s rules, policies, and guidelines for Transgender Athletes (collectively, the “Transgender Policy”). The following is a link to IRONMAN’s Transgender Policy: www.ironman.com/TransgenderPolicy. Eligibility of Transgender Athletes is generally based on the guidelines set forth by the International Olympic Committee (the “IOC Transgender Guidelines”), provided, however, that in the event any terms of the IOC Transgender Guidelines are inconsistent (or become inconsistent) with IRONMAN’s Transgender Policy, the terms of IRONMAN’s Transgender Policy shall control to the extent necessary to resolve such inconsistency. Athletes acknowledge that IRONMAN’s Transgender Policy may be amended from time to time and at any time by IRONMAN without notice to athletes other than, as the case may be, posting such amendments on IRONMAN’s website www.ironman.com.

Section 2.04 Race Finish, Timing and Results

- a) An athlete will be judged as finished the moment the Event is completed and the finish time has been verified by the SCSM VR Head Referee;
- b) A Race will be won by the athlete who has the shortest time from the moment the athlete begins the Race to the moment when the athlete finishes the Race. Timer stoppages for any reason such as but not limited to bathroom breaks, hydration and nutrition breaks, and mechanical issues shall be included in the athlete’s final result time;
- c) The SCSM VR Head Referee, in consultation with the Race Director, will use all resources reasonably available to decide the final position of every athlete. Information from technology may be used to assist in the decision-making process. The SCSM VR Head Referee may decide, based on the available evidence, that a Race is tied if there is no reasonable way of clearly determining which athlete crossed the line first. Results of tied athletes will be sorted alphabetically; and
- d) Results will be official once the SCSM VR Head Referee signs them. Incomplete results can be declared official at any time.

Article 3. Penalties

Section 3.01 General

- a) Failure to comply with any of the SCSM VR Competition Rules may result in an athlete being punished with a Time Penalty, disqualification from the Event, or expulsion for life from all Events;

- b) An indefinite suspension will occur for any purposeful manipulation of data that results in an unfair advantage. Purposeful manipulation of data that results in an unfair advantage shall be determined by the SCSM VR Head Referee in consultation with Technical Advisors to IRONMAN and the Global Director of Rules and Officiating, in their sole and absolute discretion;
- c) The most common rule violations and penalties are set forth in Appendix A; and
- d) In any circumstance where SCSM VR Head Referee deems an unfair advantage has been gained by an athlete, such SCSM VR Head Referee may, at the SCSM VR Head Referee's discretion, assess penalties to or disqualify athletes (even if such violations by the athlete are not expressly set forth in the SCSM VR Competition Rules).

Section 3.02 Disqualification

- a) Disqualifications will be issued for data errors whether intentional or unintentional which result in an unfair advantage; and
- b) Disqualified athletes will not be eligible for age group or category awards.

Article 4. Run Conduct

Section 4.01 General

- a) GPS run data and heart rate data (if recorded) must be uploaded to an approved workout tracking site (e.g., Garmin Connect or UA MapMyRide), and must be publicly available (i.e., not set as private);
- b) Total elapsed time, including all stoppages must be submitted; a small variance for required traffic stops will be allowed; (DSQ)
- c) The run course must not have a net elevation loss. IRONMAN recommends running an out and back or looped format starting and finishing from the same point. (DSQ)
- d) The use of a treadmill is prohibited; (DSQ)
- e) Athletes may run or walk; and
- f) All athletes must obey all traffic laws while on the running course.

Article 5. Race Officiating

Section 5.01 Head Referee

The SCSM VR Head Referee has the power to:

- a) Interpret and enforce the SCSM VR Competition Rules and any other regulations or policies of IRONMAN;

- b) Supervise and control the general conduct of all athletes, and to intervene during the Race at any stage to ensure that the SCSM VR Competition Rules are observed;
- c) Enforce the SCSM VR Competition Rules and impose penalties for violations of the SCSM VR Competition Rules;
- d) Make decisions with respect to any Race-related situation before, during, and/or after the Race (including situations not specifically covered in the SCSM VR Competition Rules);
- e) Examine the equipment or other items of any athlete at any time to check compliance with the SCSM VR Competition Rules, and to make the final and binding decision as to whether any equipment or other item is improper or unauthorized; and
- f) Establish all aspects of protest procedures (including the time and place of hearing), to impose sanctions for noncompliance with established procedures, and to assess penalties in accordance with the resolution of any protests.

Appendix A.

Common SCSM VR Competition Rule Violations and Penalties

Rule Violation	Penalty
Unsportsmanlike Behaviour	DSQ
Failure to complete the required distance	DNF
Fraud by entering under an assumed name or age, falsifying an affidavit, or giving false information	DSQ and Possible Suspension
Fraud by allowing surrogate to complete any portion of the Event in your place	DSQ and Possible Suspension
Purposeful data manipulation that results in an unfair advantage	DSQ and Possible Suspension
Use of a treadmill to complete the run	DSQ
Failure to submit finish time including stoppages for nutrition/hydration, rest, bathroom, or technical issues	DSQ
Failure to upload GPS & HR Data to an approved site or not making the data available to IRONMAN	DSQ
Accepting physical assistance during the run segment	DSQ and Possible Suspension
Run Course has Net Elevation Loss	DSQ