



Race For Vision 2021

Connexion guide

Summary

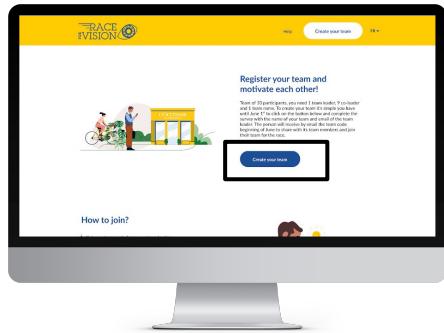
1. Create your team
2. First connexion to Race For Vision app
3. Connect your tracking application or your connected device
4. Reconnect my pedometer
5. Calculation of the points
6. Content of the app

1. Create your team for the Race For Vision

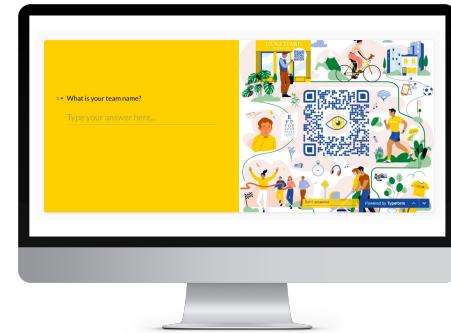
Create your team



Go to RaceForVision.com



Click on "Create my team"

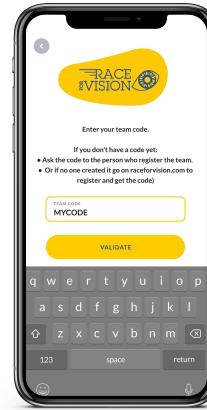


Enter your team's name and your
email address

Reception and use of the team code



Few days before the Race, you will receive an email with your team code. Share it with your 9 team members.



When registering on the app, enter your team code to join your team

2. First connexion to Race For Vision app

Race For Vision 2021

Download the app

Race For Vision

On the Google Play Store or the App Store



Creation of your account



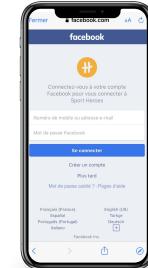
Welcome to Race For Vision



Click on
"Create my account"



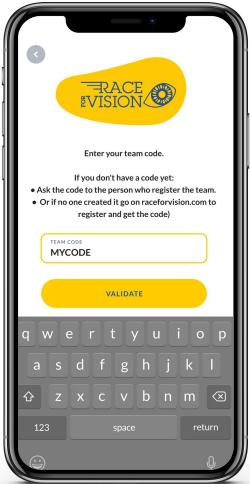
Select your favorite sign up mode



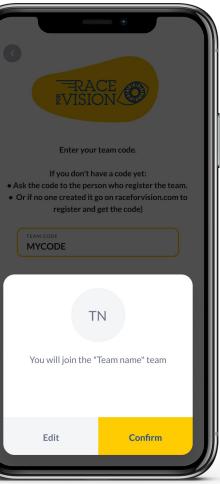
Create or enter your
credentials
depending on
sign-up mode you
chose



Join your team



Enter your team code to join
your 10 people team.

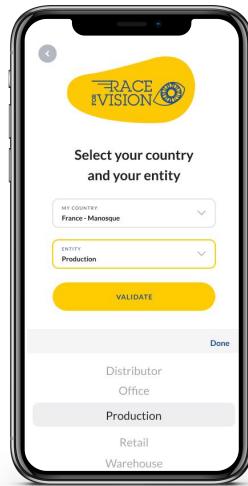


Confirm you want to join
the team

Select your country and your entity



Select your country



Then select your entity and validate

Turn on your pedometer & connect your tracking app or device (Apple)

Turn on the pedometer of your iPhone following these steps, in order to automatically synchronize your daily steps.

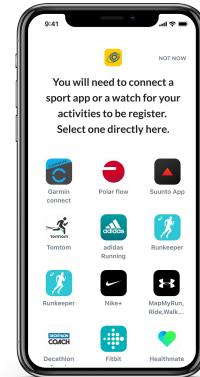
Then connect your tracking app/device, to automatically synchronize your physical activities in the Race For Vision app.



Connect your iPhone pedometer to your account



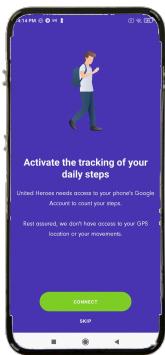
Grant access to your activities and daily steps



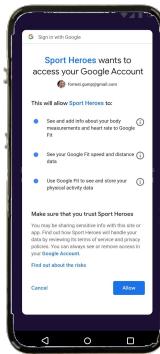
Connect your tracking app you want, and you are all set !

Turn on your pedometer & connect your tracking app or device (Android)

Turn on the pedometer of your smartphone following these steps, in order to automatically synchronize your daily steps. Then connect your tracking app/device, to automatically synchronize your physical activities in the Race For Vision app.



Connect your smartphone pedometer to your account



Grant access to daily steps

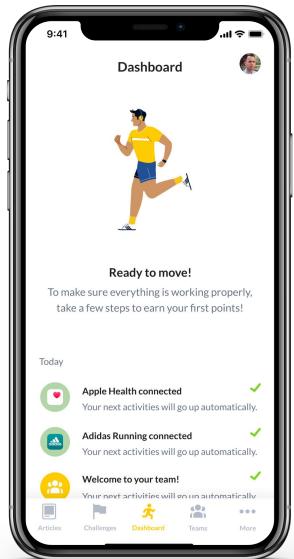


Connect your the tracking app you want, and you are all set !

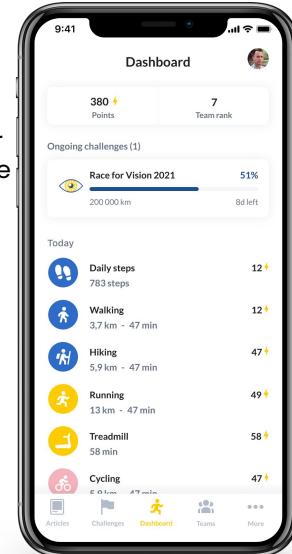
Your dashboard

Your pedometer and your tracking app is now connected.

You can easily check their connexion on your personal dashboard.



As soon as you'll do your first activities, they will be synced and displayed automatically on your dashboard.



How to add my activities ?

Automatically with your smartphone's pedometer

Walking is the first activity compatible with the app. To add them and convert your daily steps into points, it's very easy: **sync your smartphone pedometer to Race For Vision app.**

Connecting Your GPS watch and/or tracking app

You record your physical activities with your connected device or a dedicated app ?

Race For Vision is compatible with of the GPS devices and tracking apps.

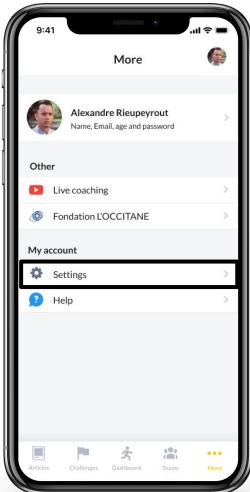
Each activity is automatically synced on your account.

3. Connect your tracking device or app

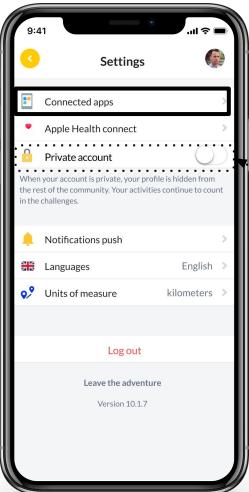
Connect your tracking device or app



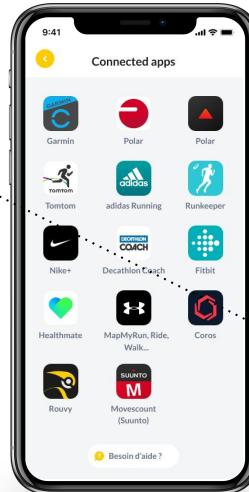
Go to the "Plus" menu in your application



Click on "Settings"



Click on "Connected apps"



Discover the list of compatible tracking apps, click on the one you want to connect

What is the data sent to the application?

Your app will connect only necessary data in order to make it work :

- Number of kilometers
- Duration of the activity
- Day of the activity
- Hour of the activity

In order to limit the visibility of your profile and your activities from other users, you can select to turn your account to a **Private account** in the "Plus" menu

Without device: apps dedicated to your sports

Apps dedicated to track and record all your activities with a simple smartphone

Multi-sport / Running and
Cycling



Decathlon Coach



MapMyFitness

Running



Nike Run Club



Nike Training Club



Adidas Running
Runtastic

Cycling



MapMyRide



Runkeeper



MapMyRun

Connected watches and devices

Connect your sport device in order to automatically synchronize your activities.



Rouvy
(Indoor cycling)

Health Mate
(Withings watches)



Fitbit
(Fitbit watches)

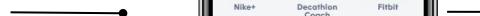


Garmin
(Garmin watches)



TomTom
(Tomtom watches)

Find the app in the
dedicated section



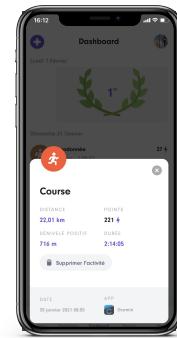
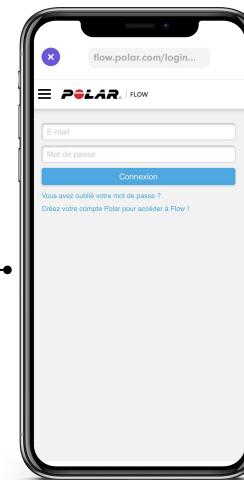
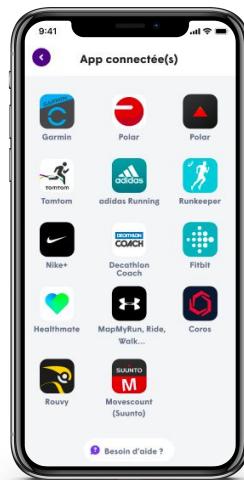
Suunto
(Suunto watches)



Polar
(Polar watches)



Coros
(Coros watches)



4. Reconnect my pedometer

Reconnect my pedometer (Apple)

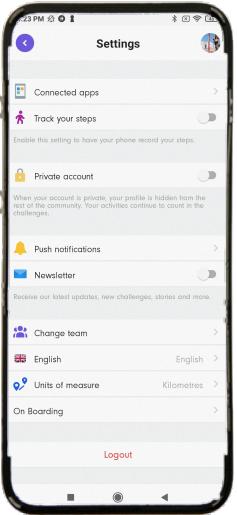


Go to your Apple Health app settings, and click on "Apps"



Click on Race For Vision and select the two boxes

Reconnect my pedometer (Android)



Click on "Track your steps"



Choose your Google access
and grant access to your
pedometer

5. Calculation of the points

Calculation of the points



Walking
1 000 steps = 5 points



Running
1 km = 10 points



Cycling
1 km = 2,5 points



Swimming
1 km = 40 points

6. Content of the app

Race For Vision

My profile and my team

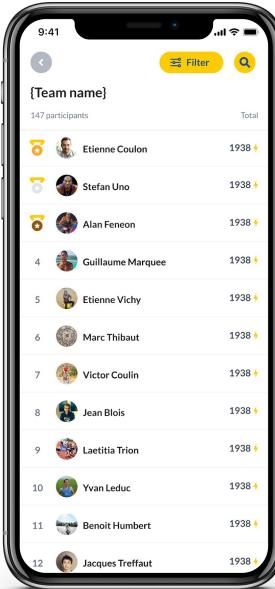


Dashboard & profile

Dashboard: private and dedicated where all your activities are gathered

Profile: by default public.

You will find all your points of the month, the badges you've won, and your team.



Monthly ranking individuals & collective

Your individual and team ranking.

Track and analyze your ranking depending on the sport, per day per week or month and on specific criterias for each activity: steps, climbing, duration...

Several missions to push yourself

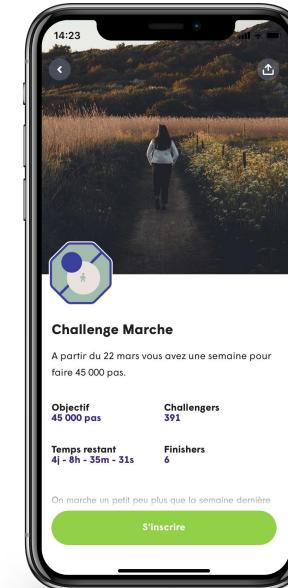


Race For Vision

Join us in our bid to cover 600,000 km,
raise €300,000 and help fight avoidable
blindness!

Individual missions

Push yourself in June with 10 individual missions and 2 Virtual Races.

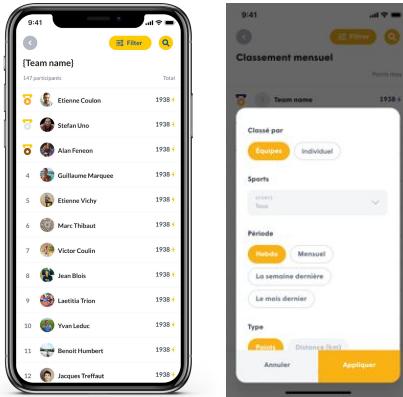


Get motivated and inspired



... motivate your team

With the embedded chat, share your successes, your good practices, and boost the social aspect of the experience to reach the objectives together!



... follow your colleagues

"Live" ranking are available to challenge yourself and others. Set an individual or a collective goal and try to reach it! Lots of filters are available, try it.



... discover exclusive contents

Find dedicated articles about "Race For Vision" created by L'Occitane Foundation, and tips about sport, health, and wellness!